This is a partnership. We are here to assist you to discover ways to keep your employees committed to the team’s success. Through team building, teams can improve their performance and align themselves with the unit goals. Learn ways to mitigate conflict and provide a healthy environment where conflict is a conversation focused on solutions and outcomes, not emotions and ego. Work effectively with all types of personalities and learn to see their differences as strengths. Work and grow together.

**TEAM STRENGTHENING**

Team strengthening is a highly customized and recommended coaching process for departments, units, teams, and work groups. Low level team strengthening can be light and fun. It helps a group get to know each other better. Medium level team strengthening focuses on group cohesion and improved communication. High level team strengthening instills a deeper level of trust, more improved open-communication, conflict resolution, and feedback.

Please note that prior to a team building session, we will do an initial assessment in order to better customize the team building design and activities. This will generate a greater impact in team harmonics. Additionally, participants are more open to the concept of team building when they have the opportunity for input.

**TEAM AND MANAGER**

Struggling teams and work groups can benefit by a team and manager diagnosis. This involves brief individual interviews with the whole group along with stakeholders in order to adequately assess the situation, identify areas of potential growth, and provide useful strategies and recommendations.

Oftentimes struggling teams and/or work groups request a team building session as a way of helping them get unstuck. Although this can work if the struggling issues are fairly easy to correct, you need to know that it could also backfire if the struggling issues are more in-depth and laced with emotion. We can help sort out the appropriate action to take.

Note: Only conduct a team and manager diagnosis if the manager and team are willing to address all identified issues.