

COACHING

YOU DON'T HAVE TO HAVE ALL THE ANSWERS.



This is a partnership. We are here to assist you. Through coaching, faculty and staff can improve their performance and enhance the quality of their lives and those around them. The coaching process includes listening, observing, and customizing an approach to fit an employee's needs. This process leads to providing solutions and strategies to enhance an individual's skills, resources, and creativity. Grow in your strengths.

ONE-ON-ONE

Coaching Program: The coaching program is available for staff and faculty who want to improve upon their skills, awareness, and/or behavior in the workplace. This involves establishing specific performance objectives (signed off/approved by the immediate supervisor) that drives the bulk of the coaching. A typical coaching program consists of two coaching sessions per month for three months.

Just-in-Time Coaching: Just-in-Time Coaching is available to staff and faculty for the purposes of working through an issue, concern, or simply seeking guidance. This could involve one or two sessions and does not include defined objectives or supervisory approval.

FACILITATED CONVERSATIONS AND MEETINGS

A facilitated conversation is a voluntary process to help individuals address, problem-solve, and resolve issues that prevent them from working effectively together. A facilitator can also aid in facilitating a particular meeting or event.

PERFORMING AND PRESENTATION SKILLS

Presentations are stressful. We would be happy to offer advice prior to a presentation or speech. We would also be happy to observe and provide feedback afterwards. Additionally, we do offer presentation workshops throughout the academic year.

INNOVATION AND PITCHING

The best ideas can be easily dismissed if not positioned and pitched properly. Use us as a sounding board throughout the process from idea to proposal. We can provide training tools to help you develop and implement your concepts.