



# Let's meditate together

## Embracing Authenticity

Thursday, June 6

9am PT / 12pm ET / 6pm CET

Living the life that you want to live starts with connecting to the core of who you are. With a Headspace teacher leading the way, this meditation event will help you on your journey to embrace your authentic self.



Register for the next session  
and watch past recordings:

[link.headspace.com/2024-events](https://link.headspace.com/2024-events)